



RIVERBEND FAMILY MINISTRIES

RFM Launches New Youth Program SEPTEMBER 9, 2021 Tammy Iskarous, the Executive Director of RFM is pleased to announce the expansion of the Youth Development Program throughout Madison County. "We have hired a full-time therapist that will work very closely with Madison County Probation, Truancy, Juvenile Justice and School officials in order to give our youth the tools they need to be successful." "We know that if we can change the trajectory of a young adult's life, we are changing generations." S.O.A.R. (Students learning the Ongoing Approach to Resilience) is designed to be a 10-session weekly psychoeducation group. Each session will provide education and activities related to relevant topics and critical to promoting resilient adolescents. Some of these topics include healthy relationships, conflict resolution, impacts of violence, and empathy. As part of the program, adolescents will be required to complete pre and post-test assessments to evaluate level of change. S.O.A.R. also seeks to include parents or guardians in this process through weekly check-ins and at least one parent engagement session. Adolescents will not be able to successfully complete the program without the parent engagement session