

Dear Parents,

The Character Counts theme for the months of April and May is INTEGRITY. What is integrity, what does it mean, and why is it important? Learning happens best when it is done both at school and at home. Below are many ways that you can help your child continue to learn about the theme of integrity through reading about it, talking about it, and practicing it! We plan to explore this topic at school, and I hope your family will explore it as well.

Read About It!

Here are some books to help you learn more about integrity:

- The Cloud Spinner by Michael Catchpool
- Winners Take All by Fred Bowen
- Mr. Peabody's Apples by Madonna
- Jamaica's Find by Juanita Havill

Practice It!

Together with your child, practice doing the right thing even when no one is watching. Children when you are out with your parents, always do the right thing like putting the shopping cart back where it belongs. If you find something on the floor at the store, pick it up and put it back on the shelf where it belongs. Always tell the truth when something happens so everyone can see you have integrity.

Talk About It!

Here are some discussion points to help you talk about integrity with your child:

- *What do you think integrity means and why is it important?
- *What makes it hard to do the right thing?
- *Tell me about a time when you chose to do the right thing, even though it was difficult.
- *Tell me about a time when you were tempted to do something you knew it wasn't right.
- *If you make a mistake, why can it be hard to own up to it?