



## School-Based Therapy

CONNECT WITH US

School-based therapists provide mental health services for children and adolescents within preschool, elementary, middle and high school facilities.

## School-Based Therapists help students:

- · overcome behavioral, emotional or social problems that interfere with success at school and at
- · reduce disruptive behavior
- improve self-monitoring skills

As members of the school team, we can serve youth in a familiar setting, offering minimal interruption to their school day.

## School-Based Services may include:

- · individual and group therapy
- family counseling
- risk assessments
- specialized training and support services for parents and teachers
- collaboration with other community providers
- · links to additional community resources

